

# Counseling Groups November 2022

Pre-registration is required for all groups.  
To register, call the grief counseling center at 502-456-5451.

## KEY

**T= Telehealth/Virtual\***

**O= Office/In-person**

\*Telehealth/Virtual Location: Link provided upon sign up

Highlighted groups are “closed groups” with a start & end date. Once the group starts, no new persons may be added.

Groups for kids or family are noted in listing. All times are EST unless otherwise stated.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 <b>T: Parent Loss, 6-7:30 PM</b>	2 <b>T: Young Adult Parent Loss, 6-7:30 PM</b> <b>T: First Cup Parent Talk, 9:30-10:30 AM</b> <b>O: GPS #13 STARTS, 11/2 – 11/23 1-2:15 PM, Louisville</b>	3 <b>O: G-FORCE, grades 6-10, 4:30-6 PM, Louisville</b>	4 <b>O: G-FORCE, grades 2-5, 4:30-6 PM, Louisville</b>	5
6	7	8 <b>T: Loss of Child, 1-2:30 PM</b> <b>O: PRISM, 6:30-8 PM, Louisville</b>	9	10	11	12 <b>O: Setting the Table for Gratitude, (family group), 10:30 AM- 2 PM, Louisville</b>
13	14	15 <b>T: Parent Loss, 6-7:30 PM</b> <b>T: Hope for the Holidays, 6-7:15 PM</b> <b>O: Yoga for Grief, 6-7:30 PM, Louisville</b>	16 <b>T: Young Adult Parent Loss, 6-7:30 PM</b> <b>T: First Cup Parent Talk, 9:30-10:30 AM</b> <b>O: Hope for the Holidays, 1-2:15 PM, Louisville</b> <b>O: Hope for the Holidays, 6:30-7:45 PM, Louisville</b>	17 <b>O: G-FORCE, grades 6-10, 4:30-6 PM, Louisville</b>	18 <b>O: G-FORCE, grades 2-5, 4:30-6 PM, Louisville</b>	19
20	21	22 <b>T: Loss of Child, 1-2:30 PM</b> <b>O: PRISM, 6:30-8 PM, Louisville</b> <b>O: Yoga for Grief, 6-7:30 PM, Louisville</b>	23	24 <b>Thanksgiving-Offices Closed</b>	25	26
27	28	29 <b>T: Hope for the Holidays, 6-7:15 PM</b> <b>O: Yoga for Grief, 6-7:30 PM, Louisville</b>	30 <b>O: Hope for the Holidays, 1-2:15 PM, Louisville</b> <b>O: Hope for the Holidays, 6:30-7:45 PM, Louisville</b>			

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				1 <b>O: G-FORCE, grades 6-10,</b> 4:30-6 PM, <i>Louisville</i>	2 <b>O: G-FORCE,</b> <b>grades 2-5,</b> 4:30-6 PM, <i>Louisville</i>	3
4	5	6 <b>T: Parent Loss, 6-7:30 PM</b> <b>O: Yoga for Grief, 6-7:30 PM,</b> <i>Louisville</i>	7 <b>T: First Cup Parent Talk,</b> 9:30-10:30 AM <b>T: Young Adult Parent Loss,</b> 6-7:30 PM	8	9	10 <b>O: Unexpected</b> <b>Gifts (family</b> <b>group), 10:30 AM-</b> 2 PM, <i>Louisville</i>
11	12	13 <b>T: Loss of Child, 1-2:30 PM</b> <b>O: PRISM, 6:30-8 PM, Louisville</b> <b>T: Hope for the Holidays,</b> 6-7:15 PM <b>O: Yoga for Grief, 6-7:30 PM,</b> <i>Louisville</i>	14 <b>O: Hope for the Holidays, 1-</b> 2:15 PM, <i>Louisville</i> <b>O: Hope for the Holidays,</b> 6:30-7:45 PM, <i>Louisville</i>	15 <b>O: G-FORCE, grades 6-10,</b> 4:30-6 PM, <i>Louisville</i>	16 <b>O: G-FORCE,</b> <b>grades 2-5,</b> 4:30-6 PM, <i>Louisville</i>	17
18	19	20 <b>T: Parent Loss, 6-7:30 PM</b> <b>O: Yoga for Grief, 6-7:30 PM,</b> <i>Louisville</i>	21 <b>T: First Cup Parent Talk,</b> 9:30-10:30 AM <b>T: Young Adult Parent Loss,</b> 6-7:30 PM	22	23	24
25 <b>Christmas-</b> <b>offices Closed</b>	26	27 <b>T: Loss of Child, 1-2:30 PM</b> <b>O: PRISM, 6:30-8 PM, Louisville</b>	28	29	30	31

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