

# Counseling Groups January 2023

Pre-registration is required for all groups.  
To register, call the grief counseling center at 502-456-5451.

## KEY

- T= Telehealth/Virtual- *Link provided upon sign up*
- Highlighted groups are “closed groups” with a start & end date. Once the group starts, no new persons may be added.
- Groups for kids or family are noted in listing. All times are EST unless otherwise stated.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3 <b>T: Parent Loss, 6-7:30 PM</b>	4 <b>T: Young Adult Parent Loss, 6-7:30 PM</b>	5	6	7
8	9	10 <b>T: Loss of Child, 1-2:30 PM</b> <b>PRISM, 6:30-8 PM, Louisville</b>	11	12	13	14
15	16	17 <b>T: Parent Loss, 6-7:30 PM</b> <b>Spouse Loss #1 begins, 1/17-5/2, 1-2:30 PM, Louisville</b>	18 <b>T: Young Adult Parent Loss, 6-7:30 PM</b>	19	20	21
22	23	24 <b>T: Loss of Child, 1-2:30 PM</b> <b>PRISM, 6:30-8 PM, Louisville</b> <b>Spouse Loss #2 begins, 1/24-5/9, 6-7:30 PM, Louisville</b>	25	26	27	28
29	30	31				

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 <b>T: Young Adult Parent Loss,</b> 6-7:30 PM	2	3	4 <b>Grief Art Workshop: Art for the Heart</b> (Ages 8-adult) 10-12:30 PM, <i>Louisville</i>
5	6	7 <b>T: Parent Loss,</b> 6-7:30 PM	8	9 <b>G-FORCE,</b> Kids grades 6-10, 4:30-6 PM, <i>Louisville</i>	10 <b>G-FORCE,</b> Kids grades 2-5, 4:30-6 PM, <i>Louisville</i>	11
12	13	14 <b>T: Loss of Child,</b> 1-2:30 PM  <b>PRISM,</b> 6:30-8 PM, <i>Louisville</i>	15 <b>T: Young Adult Parent Loss,</b> 6-7:30 PM	16	17	18
19	20	21 <b>T: Parent Loss,</b> 6-7:30 PM <b>Yoga for Grief begins,</b> 6-7:30 PM, <i>Louisville</i>	22	23 <b>G-FORCE,</b> Kids grades 6-10, 4:30-6 PM, <i>Louisville</i>	24 <b>G-FORCE,</b> Kids grades 2-5, 4:30-6 PM, <i>Louisville</i>	25
26	27	28 <b>T: Loss of Child,</b> 1-2:30 PM <b>PRISM,</b> 6:30-8 PM, <i>Louisville</i>				

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# Counseling Groups March 2023

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 <b>T: Young Adult Parent Loss,</b> 6-7:30 PM <b>Grief Art Workshop: Mandala (18+) begins,</b> 1-2:30 PM, <i>Louisville</i>	2	3	4
5	6 <b>Spouse Loss #3 begins,</b> 3/6-6/19, 6-7:30 PM, <i>Louisville</i>	7 <b>T: Parent Loss,</b> 6-7:30 PM	8	9 <b>G-FORCE,</b> Kids grades 6-10, 4:30-6 PM, <i>Louisville</i>	10 <b>G-FORCE,</b> Kids grades 2-5, 4:30-6 PM, <i>Louisville</i>	11
12	13	14 <b>T: Loss of Child,</b> 1-2:30 PM <b>PRISM,</b> 6:30-8 PM, <i>Louisville</i> <b>Spouse Loss begins,</b> 3/14-6/27, 3-4:15 PM, <i>Southern Indiana</i>	15 <b>T: Young Adult Parent Loss,</b> 6-7:30 PM	16	17	18 <b>Grief Art Workshop: Grief &amp; Re-Creation,</b> (Ages 8-adult) 10-12:30 PM. <i>Louisville</i>
19	20	21 <b>T: Parent Loss,</b> 6-7:30 PM	22	23 <b>G-FORCE,</b> Kids grades 6-10, 4:30-6 PM, <i>Louisville</i>	24 <b>G-FORCE,</b> Kids grades 2-5, 4:30-6 PM, <i>Louisville</i>	25
26	27	28 <b>T: Loss of Child,</b> 1-2:30 PM <b>PRISM,</b> 6:30-8 PM, <i>Louisville</i>	29	30	31	

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