

# Counseling Groups October 2023

Pre-registration is required for all groups.  
To register, call the grief counseling center at 502-456-5451.

## KEY

- T= Telehealth/Virtual- *Link provided upon sign up* ; O= office, location listed
- **Highlighted groups** are “closed groups” with a start & end date. Once the group starts, no new persons may be added.
- Groups for kids or family are noted in listing.
- All times are EST unless otherwise stated.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 ←	2 <b>O: Parent Loss,</b> 4:30-6 PM, So. <i>Indiana</i>	3 <b>O: Parent Loss,</b> 6-7:30 PM, <i>Louisville</i> <b>O: Spouse Loss,</b> 5-6:15 PM, <i>Green River</i>	4 <b>T: Young Adult Parent Loss,</b> 6-7:30 PM <b>O: Spouse Loss,</b> 1:30-2:30 PM, <i>Elizabethtown</i>	5	6 <b>G-FORCE,</b> Kids grades 2- middle school starts, 10/6-12/15, 4:30-6 PM, <i>Louisville</i>	7
8	9 <b>O: Loss of Child,</b> 6-7 PM, <i>Green River</i>	10 <b>O: Loss of Child,</b> 1-2:30 PM, <i>Louisville</i> <b>O: PRISM,</b> 6:30-8 PM, <i>Louisville</i>	11 <b>Creating Balance: Yoga for</b> <b>Grief starts,</b> 10/11-11/15, 6:30 - 7:45 PM, <i>Louisville</i>	12	13	14
15	16 <b>O: Parent Loss,</b> 4:30- 6 PM, So. <i>Indiana</i>	17 <b>O: Parent Loss,</b> 6-7:30 PM. <i>Louisville</i> <b>O: Spouse Loss,</b> 5-6:15 PM, <i>Green River</i>	18 <b>T: Young Adult Parent Loss,</b> 6-7:30 PM <b>O: Spouse Loss,</b> 1:30-2:30 PM, <i>Central KY</i>	19	20	21
22	23 <b>O: Loss of Child,</b> 6-7 PM, <i>Green River</i>	24 <b>O: Loss of Child,</b> 1-2:30 PM, <i>Louisville</i> <b>O: PRISM,</b> 6:30-8 PM, <i>Louisville</i>	25	26	27	28 <b>Grief Art Workshop:</b> <b>Dias de los Muertos,</b> (Ages 8-adult) 10- 12:30 PM. <i>Louisville</i>
29	30	31				

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 <b>T: Young Adult Parent Loss</b> , 6-7:30 PM <b>O: Spouse Loss</b> , 1:30-2:30 PM, Elizabethtown <b>O: Hope for the Holidays</b> , 1-2:15 PM & 6-7:15 PM, Louisville	2	3	4
5	6 <b>O: Parent Loss</b> , 4:30-6 PM, So. Indiana	7 <b>O: Parent Loss</b> , 6-7:30 PM, Louisville <b>O: Spouse Loss</b> , 5-6:15 PM, Campbellsville	8	9	10	11 <b>Grief Art Workshop: Table for Gratitude</b> , (Ages 8-adult) 10-12:30 PM, Louisville
12 <b>Services of Remembrance- Elizabethtown</b>	13 <b>O: Loss of Child</b> , 6-7 PM, Campbellsville <b>O: Hope for the Holidays</b> , 6-7:30 PM, So. Indiana	14 <b>O: Loss of Child</b> , 1-2:30 PM, Louisville <b>O: PRISM</b> , 6:30-8 PM, Louisville <b>O: Hope for the Holidays</b> , 6-7:15 PM CST, Madisonville	15 <b>T: Young Adult Parent Loss</b> , 6-7:30 PM <b>O: Spouse Loss</b> , 1:30-2:30 PM, Elizabethtown <b>O: Hope for the Holidays</b> , 1-2:15 PM & 6-7:15 PM, Louisville	16	17	18
19 <b>Services of Remembrance- Louisville &amp; Green River</b>	20 <b>O: Parent Loss</b> , 4:30-6 PM, So. Indiana	21 <b>O: Parent Loss</b> , 6-7:30 PM, Louisville <b>O: Spouse Loss</b> , 5-6:15 PM, Campbellsville	22	23 <b>Thanksgiving- Offices Closed</b>	24	25
26	27 <b>O: Loss of Child</b> , 6-7 PM, Campbellsville	28 <b>O: Loss of Child</b> , 1-2:30 PM, Louisville <b>O: PRISM</b> , 6:30-8 PM, Louisville <b>O: Hope for the Holidays</b> , 6-7:15 PM CST, Madisonville	29 <b>O: Hope for the Holidays</b> , 1-2:15 PM & 6-7:15 PM, Louisville	30		

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2 <b>Grief Art Workshop: Unexpected Gifts,</b> (Ages 8-adult) 10-12:30 PM, <i>Louisville</i>
3	4 <b>O: Parent Loss,</b> 4:30-6 PM, <i>So. Indiana</i>	5 <b>O: Parent Loss,</b> 6-7:30 PM, <i>Louisville</i> <b>O: Spouse Loss,</b> 5-6:15 PM, <i>Green River</i>	6 <b>T: Young Adult Parent Loss,</b> 6-7:30 PM <b>O: Spouse Loss,</b> 1:30-2:30 PM, <i>Elizabethtown</i>	7	8	9
10	11 <b>O: Loss of Child,</b> 6-7 PM, <i>Green River</i>	12 <b>O: Loss of Child,</b> 1-2:30 PM, <i>Louisville</i> <b>O: PRISM,</b> 6:30-8 PM, <i>Louisville</i> <b>O: Hope for the Holidays,</b> 6-7:15 PM CST, <i>Madisonville</i>	13 <b>O: Hope for the Holidays,</b> 1-2:15 PM & 6-7:15 PM, <i>Louisville</i>	14	15	16
17	18 <b>O: Parent Loss,</b> 4:30-6 PM, <i>So. Indiana</i>	19 <b>O: Parent Loss,</b> 6-7:30 PM. <i>Louisville</i> <b>O: Spouse Loss,</b> 5-6:15 PM, <i>Green River</i> <b>O: Hope for the Holidays,</b> 6-7:30 PM, <i>So. Indiana</i>	20 <b>T: Young Adult Parent Loss,</b> 6-7:30 PM <b>O: Spouse Loss,</b> 1:30-2:30 PM, <i>Central KY</i>	21	22	23
24	25 <b>Christmas- Offices Closed</b>	26 <b>O: Loss of Child,</b> 1-2:30 PM, <i>Louisville</i> <b>O: PRISM,</b> 6:30-8 PM, <i>Louisville</i>	27 <b>O: Hope for the Holidays,</b> 1-2:15 PM & 6-7:15 PM, <i>Louisville</i>	28	29	30

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