CAREGIVER SUPPORT

5 Ways Palliative Care Can Support You at Diagnosis

A serious diagnosis can bring uncertainty and stress. Palliative care offers support focused on comfort, clarity, and quality of life, starting early in the journey.

1	**SYMPTOM SUPPORT**	Helps manage pain, shortness of breath, fatigue, and other symptoms early
2	**CLEAR COMMUNICATION**	Explains medical information in plain language and helps you prepare for appointments.
3	**EMOTIONAL SUPPORT**	Provides space to talk about fear, stress, and uncertainty for patients and families.
4	**PLANNING AHEAD**	Helps you think through goals and priorities at your own pace.
5	**CAREGIVER GUIDANCE**	Supports loved ones as roles change and responsibilities grow.

Support can begin at diagnosis.

HOSPARUS HEALTH®

Give us a call 24/7 at (502) 456-6200,
or contact us online at
hosparushealth.org/contact

WE'RE HERE TO LISTEN, ANSWER QUESTIONS, AND HELP YOU NAVIGATE WHATEVER COMES NEXT.